



**Sterling Training Center, Inc.**  
5326 Pingree Road  
Howell, MI 48843  
734-915-0697

### **HELMET RELEASE WAIVER**

It is statistically clear that there are certain inherent dangers associated with horseback riding. One of those dangers is the risk of suffering a serious head injury should the rider fall or be thrown from his/her horse. It is, therefore, the policy of Sterling Training Center, Inc., and it assigns, that safety riding helmets will be worn at all times when riders are mounted on a horse.

I, \_\_\_\_\_, being fully aware of that policy and the reason for it, choose of my own free will, not to wear a safety riding helmet. In taking this action, I hold Sterling Training Center, Inc., it's assigns, and their insured free of any and all liabilities for injuries that I may receive as a result of my actions and failure to wear a safety riding helmet.

**WARNING:** Under the Michigan equine activity liability act, an equine professional is not liable for an injury to or a death of a participant in an activity resulting from an inherent risk of the equine activity, as defined in section 691.1666 (1) of the Michigan statutes.

RIDER \_\_\_\_\_

SIGNATURE OF  
PARENT OR GUARDIAN\*\*\* \_\_\_\_\_

DATE \_\_\_\_\_

WITNESS (INSTRUCTOR) \_\_\_\_\_

\*\*\*\*Waivers cannot be granted to persons under the age of 18 without the consent of a parent or legal guardian.